

# 9TH ANNUAL UPDATE IN CARDIOLOGY

FRIDAY, FEBRUARY 10, 2017

THE OTTAWA HOSPITAL CIVIC CAMPUS AMPHITHEATRE  
1053 CARLING AVE, OTTAWA, ON



## Course Description

The University of Ottawa, Office of Continuing Professional Development and the University of Ottawa Heart Institute are proud to again offer this 1-day course in Cardiology for primary care physicians. This course serves as a refresher of current guidelines and standards for the work-up and management of common cardiac presentations and diagnoses as well as an update on the latest and hottest topics in cardiology.



uOttawa  
Faculté de médecine  
Faculty of Medicine

Bureau du développement  
professionnel continu

Office of Continuing  
Professional Development

## INFORMATION & REGISTRATION:

613-761-4480 ext: 1 | [cpd@toh.on.ca](mailto:cpd@toh.on.ca) | [www.med.uottawa.ca/cpd](http://www.med.uottawa.ca/cpd)



UNIVERSITY OF OTTAWA  
HEART INSTITUTE  
INSTITUT DE CARDIOLOGIE  
DE L'UNIVERSITÉ D'OTTAWA

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## Planning Committee

Special thanks to the following physicians who participated in the planning of this event:

- Dr. Chris Glover (Co-chair)
- Dr. Lisa Moore (Co-chair)
- Dr. Ross Davies
- Dr. Michael Froeschl
- Dr. Laura Muldoon
- Dr. Salima Shamji
- Dr. Derek So

## Overall Learning Objectives

By the end of the educational activity, participants will be able to:

- Review and integrate newly published data and guidelines that affect how cardiovascular care should be delivered;
- Describe and evaluate pathways for testing and management of cardiovascular conditions;
- Describe ways to improve primary care referral practices and patient outcomes.

## Accreditation

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada for 5.5 hours. This program has been reviewed and approved by the University of Ottawa, Office of Continuing Professional Development.

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the University of Ottawa's Office of Continuing Professional Development for up to 5.5 Mainpro+ credits.

## Course Presentations

To ensure course participants receive the most up-to-date information and in an effort to lessen the environmental impact of our events, all available course materials will be posted to our website as soon as they become available. We cannot guarantee that all course materials will be posted on the website.

## Disclosure

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

## Freedom of Information and Privacy Act

This information is protected and is being collected pursuant to the Freedom of Information and Protection of Privacy Act of Ontario (RSO 1990). By registering with the University of Ottawa for its program or courses, you agree to the information. The University of Ottawa is committed to maintaining and protecting the confidentiality and privacy of your personal information. Only authorized employees, whose official duties so require, are allowed to view your information.

## Liability

The University of Ottawa, Office of Continuing Professional Development (CPD) assumes no liability for any claims, personal injury or damage:

- to any individual attending this conference;
- that may result from the use of technologies, program, products and/or services at this conference;
- that may arise out of, or during this conference.

## Course Cancellation Policy

The University of Ottawa, CPD reserves the right to cancel courses. Registrants will be notified at the earliest possible date in the event of a cancellation. Registration fees for courses cancelled by the University of Ottawa, CPD will be refunded; however the University of Ottawa, CPD will not be liable for any loss, damages or other expenses that such cancellation may cause.

## Mark your calendar!

**March 31, 2017**

*2017 Champlain Primary Care Congress*  
St Elias Banquet Centre

**April 26-28, 2017**

*2017 Annual Refresher Course*  
Ottawa Conference & Events Centre

**June 2-3, 2017**

*Canadian Collaborative Mental Health Care Conference*  
Delta City Centre

# PROGRAM AT A GLANCE

7:30AM - 8:15AM	<b>REGISTRATION &amp; NETWORKING BREAKFAST</b>	Amphitheatre Lobby
8:15AM - 8:30AM	<b>Welcome and Introductory Comments</b> ( <i>Dr. Chris Glover &amp; Dr. Lisa Moore</i> )	Amphitheatre
8:30AM - 9:50AM	<b>HOT TOPICS IN CARDIOLOGY</b>	Amphitheatre
8:30AM - 8:50AM	<b>What's New in Clots: NOACs vs Warfarin? Antiplatelets Forever?</b> <i>Presenter: Dr. Derek So</i> <ul style="list-style-type: none"><li>How to apply new information to my practice</li></ul>	Amphitheatre
8:50AM - 9:10AM	<b>Be Kind to Your Sweet Heart: Novel Diabetes Drugs and Their Benefits to the Heart</b> <i>Presenter: Dr. Amel Arnaout</i> <ul style="list-style-type: none"><li>Review the evidence for use of these novel medications</li><li>Review the indications for these medications</li></ul>	Amphitheatre
9:10AM - 9:30AM	<b>Drano for the Arteries: Novel Therapies for Coronary Artery Disease</b> <i>Presenter: Dr. Thais Coutinho</i> <ul style="list-style-type: none"><li>Review novel therapies for treatment of coronary artery disease</li></ul>	Amphitheatre
9:30AM - 9:50AM	<b>Is the Stethoscope Dead in 2017?</b> <i>Presenter: Dr. Lyall Higginson</i> <ul style="list-style-type: none"><li>Review the importance of the stethoscope in medical practice</li><li>Explain the limitations of the stethoscope</li></ul>	Amphitheatre
9:50AM - 10:15AM	<b>REFRESHMENT BREAK &amp; VISIT THE EXHIBITS</b>	Amphitheatre Lobby
10:30AM - 11:15AM	<b>WORKSHOPS - ROUND 1 (please select one)</b> <b>Which test is best? Work-up of Undifferentiated Cardiac Symptoms</b>	
W1	<b>Murmur</b> <i>Presenter: Dr. Ian Burwash</i> <ul style="list-style-type: none"><li>Interpret murmurs and diagnose cardiac disease</li><li>Describe the treatment and follow-up of the various valvular disorders</li></ul>	Tulip Room 1
W2	<b>Office-based Chest Pain</b> <i>Presenter: Dr. Benjamin Chow</i> <ul style="list-style-type: none"><li>Order the appropriate diagnostic test for various patient presentations with chest pain</li></ul>	Tulip Room 2
W3	<b>Dyspnea</b> <i>Presenter: Dr. Lisa Mielniczuk</i> <ul style="list-style-type: none"><li>Define the indications for various tests for patients with dyspnea</li></ul>	Tulip Room 3
W4	<b>Outpatient Rhythm Disorders</b> <i>Presenter: Dr. Pablo Nery</i> <ul style="list-style-type: none"><li>Define the major rhythm disorders and clearly order the appropriate test to manage them</li></ul>	Bickell Room
W5	<b>Loss of Consciousness</b> <i>Presenter: Dr. Martin Green</i> <ul style="list-style-type: none"><li>Explain when loss of consciousness is true syncope</li><li>Order the appropriate work-up for patients with this presentation</li></ul>	Amphitheatre
W6-A	<b>Acute Stream: Rhythm Disorders Presenting to the ER</b> <i>Presenter: Dr. Mouhannad Sadek</i> <ul style="list-style-type: none"><li>Review cardiac causes of rhythm disorders in patients presenting to ER</li><li>Review treatment of acute rhythm disorders</li></ul>	Kaminski Room

# PROGRAM AT A GLANCE

11:15AM - 11:30AM TRANSITION		
11:30AM - 12:15PM <b>WORKSHOPS - ROUND 2 (please select one)</b> <b>Which test is best? Work-up of Undifferentiated Cardiac Symptoms</b>		
W1	<b>Murmur</b> <i>Presenter: Dr. Ian Burwash</i> <ul style="list-style-type: none"> <li>Interpret murmurs and diagnose cardiac disease</li> <li>Describe the treatment and follow-up of the various valvular disorders</li> </ul>	Tulip Room 1
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W6-B	<b>Acute Stream: Chest Pain in the ER</b> <i>Presenter: Dr. Michel Le May</i> <ul style="list-style-type: none"> <li>Review cardiac causes of chest pain in patients presenting to ER</li> <li>Review and integrate guidelines that affect treatment for Acute Coronary Syndromes</li> <li>Describe ways to improve recognition of Acute Coronary Syndromes</li> </ul>	Kaminski Room
12:15PM - 1:00PM <b>LUNCH &amp; VISIT THE EXHIBITS</b>		
1:00PM - 3:10PM <b>CLINICAL SCENARIOS: Complex Management of Cardiac Diagnoses</b>		
1:00PM - 1:25PM	<b>Medical Management of Patients Post-valvular Intervention</b> <i>Presenter: Dr. Luc Beauchesne</i> <ul style="list-style-type: none"> <li>Review treatment of patients post valvular intervention</li> <li>Review anticoagulation/antiplatelet therapy post valvular intervention</li> </ul>	Amphitheatre
1:25PM - 1:50PM	<b>Drug Therapy Post-PCI/CABG</b> <i>Presenter: Dr. Michael Froeschl</i> <ul style="list-style-type: none"> <li>Review evidence based medications for patients post coronary procedure</li> <li>Review optimal duration of medications</li> </ul>	Amphitheatre
1:50PM - 2:15PM	<b>What's New in Heart Failure Management: Triple Therapy and Beyond</b> <i>Presenter: Dr. Ellamae Stadnick</i> <ul style="list-style-type: none"> <li>Review novel drugs for treatment of CHF</li> <li>Describe and implement long management of a patient with heart failure</li> </ul>	Amphitheatre
2:15PM - 2:20PM	<b>Mindfulness Minute with Dr. Salima Shamji</b> <ul style="list-style-type: none"> <li>Review and practice how mindfulness can enhance stress reduction</li> </ul>	Amphitheatre

# PROGRAM AT A GLANCE

<b>2:20PM - 2:45PM</b>	<b>What's in the Box? Arrhythmia Management with "Devices"</b> <i>Presenter: Dr. Girish Nair</i> <ul style="list-style-type: none"><li>• Describe functions of pacemakers and defibrillators</li><li>• Review arrhythmia management in patients with defibrillators and pacemakers</li></ul>	<b>Amphitheatre</b>
<b>2:45PM - 3:10PM</b>	<b>At the End of the Line: Challenges of Cardiac Rehabilitation</b> <i>Presenter: Dr. Heather Tulloch</i> <ul style="list-style-type: none"><li>• Review non-pharmacological measures to treat and prevent heart disease</li><li>• Review strategies to implement cardiac rehabilitation measures</li></ul>	<b>Amphitheatre</b>
<b>3:10PM - 3:40PM</b>	<b>Cardiac Jeopardy</b> <i>Presenters: Dr. Chris Glover &amp; Dr. Lisa Moore</i> <ul style="list-style-type: none"><li>• Evaluate and apply the major messages from today's workshops</li></ul>	<b>Amphitheatre</b>
<b>3:40PM - 3:45PM</b>	<b>EVALUATIONS &amp; ADJOURNMENT</b>	<b>Amphitheatre</b>

# REGISTER NOW

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THE OTTAWA HOSPITAL CIVIC CAMPUS | 1053 CARLING AVE, OTTAWA

First Name	Last Name
Address	
City	Province
Postal Code	Email
Telephone	Fax
Dietary Restrictions	

Physician       Other Health Care Professional       Resident       Student

### REGISTRATION FEES

	ONLINE EARLY BIRD RATE ON OR BEFORE JAN. 20, 2017	ONLINE REGULAR RATE AFTER JAN. 20, 2017	MAIL, FAX, ONSITE ANYTIME
Physician	\$240	\$250	\$260
Other Health Care Professional	\$190	\$200	\$210
Resident	\$190	\$200	\$210
Student	\$25	\$25	\$25

### WORKSHOP SELECTIONS - please select two by using the codes listed in the program (i.e. W2...)

First Round: \_\_\_\_\_ Second Round: \_\_\_\_\_

#### Registration Information

- Workshops are assigned on a first-come, first-served basis
- No registration form will be processed without the full registration fee included.
- Post-dated cheques are not accepted.
- Continental breakfast, refreshment breaks and lunch are included in the registration fees.
- Refunds less **\$75** administrative charge will be issued for cancellations received in writing by **January 20, 2017**. No refunds will be issued for cancellations received after that date. Refund cheques will be sent after the event.
- All registrations that are faxed or mailed to the Office of CPD will automatically be charged the Fax / Mail registration fee. No exceptions.

### METHODS OF PAYMENT

Visa       Mastercard       Cheque

Card Number \_\_\_\_\_ Expiry Date \_\_\_\_\_ / \_\_\_\_\_

Name on the Card \_\_\_\_\_ Signature \_\_\_\_\_

Fax: 613-761-5262 | Email: [cpd@toh.on.ca](mailto:cpd@toh.on.ca) | Phone: 613-761-4480 (extension: 1)

Mail: Please make cheques payable to "University of Ottawa, CPD"  
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