



## AGENDA

### Spontaneous Coronary Artery Dissection

Friday, February 24, 2023

13:00 – 16:00 EST

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| 13:00 | <b>Welcome</b><br>Dr. Thais Coutinho, University of Ottawa Heart Institute   |
| 13:02 | <b>SCAD patient story</b><br>Dawn Bailey, Ottawa   |
| 13:10 | <b>Q&amp;A for patient advocate</b>  |
| 13:20 | <b>What is SCAD? Epidemiology, pathophysiology and clinical features</b><br>Dr. Thais Coutinho, University of Ottawa Heart Institute                                 |
| 13:40 | <b>SCAD diagnostic algorithm, invasive imaging, and when to revascularize</b><br>Dr. Derek So, University of Ottawa Heart Institute                                  |
| 14:00 | <b>SCAD medical treatment, prognosis and recurrence</b><br>Dr. Amélie Paquin, University of Ottawa Heart Institute   |
| 14:20 | <b>Special considerations after SCAD: how to manage hormones and pregnancy? How to manage recurrent chest pain?</b><br>Dr. Marysia Tweet, Mayo Clinic, Rochester, MN |
| 14:40 | <b>Cardiac rehabilitation and exercise advice after SCAD</b><br>Helena Van Ryn, University of Ottawa Heart Institute   |
| 15:00 | <b>Psychological care as an integral part of post-acute care of SCAD patients</b><br>Dr. Heather Tulloch, University of Ottawa Heart Institute                       |
| 15:20 | <b>Peer Support for women after SCAD</b><br>Helen Robert, Ottawa   |
| 15:40 | <b>Q&amp;A – All</b>   |
| 16:00 | <b>Session concludes</b>   |