UNIVERSITY OF OTTAWA
HEART INSTITUTE
INSTITUT DE CARDIOLOGIE
DE L'UNIVERSITÉ D'OTTAWA

Quit Smoking Program

Prevention and Wellness Centre
Phone: 613-696-7069

REFERRAL FORM
Fax: 613 696-7194

Program Description:
The ***Quit Smoking Program*** is open to both patients and the public and is covered through the provincial health care plan. The program offers individual outpatient appointments for adults who use tobacco, nicotine products, or e-cigarettes/vapes and are preparing to quit. A personalized quit plan is developed using evidence-based approaches to nicotine dependence treatment.

Date (yyyy/mm/dd) / /	Surname	First Name	DOB (yyyy/mm/dd) / /

Health Card No.	Version Code	Expiry date	☐ Female ☐ Male	☐ French ☐ English

Address	City, Province	Postal Code

Telephone No (Home): (Alternative):

Yes, I would like the patient named above to participate in the *Quit Smoking Program* at the University of Ottawa Heart Institute. Here is a brief summary of any pertinent medical issues:

Medical history and/or specific concerns with this patient/ Medications:

Physician/Nurse Practitioner Name (Print)	Physician/Nurse Practitioner Signature	Return to: **Attn: Quit Smoking Program** **Fax: 613-696-7194** Email: quitsmoking@ottawaheart.ca Mail: University of Ottawa Heart Institute Prevention and Wellness Centre, H-S112 40 Ruskin St, Ottawa, ON K1Y 4W7 Information: Tel 613-696-7069
Address	Telephone	
	Fax	

V.Jul.2026