



UNIVERSITY OF OTTAWA
HEART INSTITUTE
INSTITUT DE CARDIOLOGIE
DE L'UNIVERSITÉ D'OTTAWA

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Referral to Guideline Directed Medical Therapy Clinic

Program Description: The *GDMT Clinic* is an evidence-based program that **aims to assist those with heart failure and reduced ejection fraction (HFrEF, LVEF \leq 40%) reach optimal heart failure treatment.** Patients will be seen by MD/APN for optimization (with aim to complete optimization in 3 months) and transitioned back to referring MD once optimized, unless referral for other ongoing cardiac care is clinically indicated.

Inclusion Criteria: 18 years of age or older with a documented LVEF in the past 3 years \leq 40%.

Exclusion Criteria: Patients with LVEF is $>$ 40%, who have contraindications or intolerances to GDMT, are already on maximal GDMT, or who have stage D HF.

Date of Request: _____ Referral From: _____

Phone: _____ Billing Number: _____

Signature: _____ Fax: _____

Primary Care Provider: _____

Phone: _____ Fax: _____

Address: _____

Pharmacy Name: _____

Phone: _____ Fax: _____

Patient Name: _____ DOB (yy/mm/dd): _____

Address: _____ City: _____

Health Card Number: _____ Postal Code: _____

Telephone: _____ MRN: _____

The following information **must** be included with referral:

- Patient's relevant past medical history
- List of current medications and allergies
- Recent bloodwork
- Recent imaging (e.g. TTE, MRI)

Please fax referrals to: 613-696-7138

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