



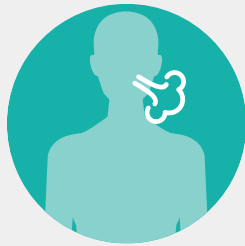
CORONAVIRUS AND YOUR HEART

DON'T IGNORE heart symptoms

COMMON SYMPTOMS of a heart attack include



Chest pain



Difficulty
breathing



Discomfort in chest,
arms, back, neck,
shoulder or jaw



CALL 9-1-1 IMMEDIATELY
if you think you are
having a heart attack.

Heart attacks don't stop during a pandemic.

The University of Ottawa Heart Institute is taking safety measures to protect you from infection • ottawaheart.ca



CALL YOUR DOCTOR if you have a heart condition and have questions or think you need a health visit. If you are unable to reach your doctor and you are experiencing severe or worsening symptoms, please call 9-1-1 or visit your nearest emergency room. If you are a patient of the Heart Institute, please call 613-696-7000 and ask to speak with the nursing coordinator.

DON'T DELAY routine care. You may be able to get advice over the telephone or use telehealth for a virtual visit.