Pulmonary hypertension is classified based on the extent to which symptoms of the disease impact a patient’s ability to function normally.

**Normal**
- Normal blood vessels
- New York Heart Association (NYHA) Class I—No symptoms with ordinary physical activity

**Moderate Pulmonary Hypertension**
- Mild to moderate thickening of blood vessels
- NYHA Class II—Shortness of breath or fatigue with moderate activity (e.g., climbing two flights of stairs, walking uphill, walking fast, gardening)

**Severe Pulmonary Hypertension**
- Severe thickening and narrowing of blood vessels
- NYHA Classes III and IV—Shortness of breath or fatigue with mild activity (e.g., one flight of stairs, light cleaning, dressing, showering) or at rest

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